



# RESUME

Dr. Nidhi Pathak

Assistant Professor (Psychological Counsellor)  
Department of Science and Humanities  
SRM IST, Delhi-NCR Campus, Modinagar, Ghaziabad, UP

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## EDUCATIONAL QUALIFICATION:-

- **Doctorate** (Ph. D.) from M.J.P. Rohilkhand University, Bareilly in Session 2006.

Research Area: **Psychology**.

Topic: “**A Psychological Study of Patterns of Self-Disclosure in Relation to Creativity**”

- **Post-Graduation** (M.A.) from M.J.P. Rohilkhand University, Bareilly in year 2002, with **64.1 %**.

Major: **Psychology**

- **Graduation** (B.A.) from M.J.P. Rohilkhand University, Bareilly in year 2000, with **56.25 %**.

## PROFESSIONAL QUALIFICATION:-

- **Post-Graduate Diploma in Psychological Counselling** (PGDPC) from CCS University, Meerut in year 2020, with **81.50 %**. **(With Vice-Chancellor GOLD Medal.)**
- **Bachelor of Law** (LAW) from CCS University, Meerut in year 2019, with **56.80 %**.

## ACADEMIC QUALIFICATION: -

- **Intermediate**, UP Board, Allahabad, UP, in year 1997, with **64.20 %**.
- **High School**, UP Board, Allahabad, UP, in year 1995, with **71.16 %**.

#### ACHIVEMENTS AND MEMBERSHIPS: -

- CCS University **Vice Chancellor Gold Medal, 2020.**
- Life Membership **Indian Science Congress.**
- Member of **Bar Council of India.**
- Invited Member of **IAAC.**
- Life Membership (Editorial Member) of Edwin Group of Journals.
- Life Membership of BHARATIYA COUNSELLING PSYCHOLOGY ASSOCIATION, 18-01-2023.
- Life Membership of Counsellors Council of India, 17-03-23.

#### PROFESSIONAL COURSES AND CERTIFICATES: -

- Participated actively in 10th International Conference on Human Values in Higher Education (ICHVHE 2025) Host & Broadcasting Team as a Volunteer (Moderation committee) Worldwide Online, 19th to 21st December, 2025.
- 6-Days FDP on “UHV-II” organized by All India Council for Technical Education (AICTE) from 18th March to 23rd March 2024.
- Participated in the Three days International Workshop on Psychotherapeutic Modalities: An Interventional Approach to overall wellbeing, held from 01-05-2024 to 03-05-2024.
- 5-day Online FDP on the theme “Technology integration and NEP 2020” organized by All India Council for Technical Education (AICTE) from 12th June to 16rd June 2023.
- 10-days FDP on “Creating an inclusive learning environment” organized by department of Science and Humanities, SRMIST, Delhi NCR Campus from 24-07-23 to 03-08-2023.
- 5-days online FDP as a remote Centre coordinator on “Managing your Ego and emotions at work place” organized by NITTTR Chandigarh, form 11-09-2023 to 15-09-2023.
- Attended an International Virtual Panel Discussion on “On-Line Education- Future Perspective” on 21st April, 2023, Organised by Directorate of On-Line Education, SRM IST, Chennai
- 08-week course on “Human Behaviour”, IIT Guwahati (NPTEL), from February-April, 2023.

- 8-Days FDP on “THE ART OF PROFESSIONALISM” organized by the Faculty of Education, Dr. M.G.R. Educational and Research Institute, Maduravoyal, Chennai-95, Tamil Nadu, India. from 10th January to 17<sup>th</sup> April 2023.
- Participated in Professional Development Workshop as a part of Adobe Academic Essentials Program on 3<sup>rd</sup> April, 2023.
- 5-Days FDP on “Inculcating Universal Human Values in Technical Education” organized by All India Council for Technical Education (AICTE) from 6th February to 10th February 2023.
- 5-day Online FDP on the theme “Inculcating Universal Human Values in Technical Education” organized by All India Council for Technical Education (AICTE) from 30th January to 3rd February 2023.
- 5-day Online FDP on the theme “developing healthy work culture” organized by All India Council for Technical Education (AICTE) from 13th March to 17rd march 2023.
- Non- credit course on “**Major Depression in the Population: A Public Health Approach**”, from by Johns Hopkins University on Jan 14, 2023, (Coursera).
- Non- credit course on “**Schizophrenia**”, from Wesleyan University, USA in December, 2022, (Coursera).
- 05-days FDP on “Digital Tools for Teaching and Learning” organized by Media Engineering Department, SRM Institute of Science and Technology, Modinagar, Ghaziabad, from 25/07/2022 to 29/07/2022 (One Week)
- 05-days FDP on “Business and Soft skill Management” organized by Swami Vivekanand Subharti University, Meerut from 19/09/2022 to 23/09/2022 (One Week)
- 06-Days FDP on “Leveraging the Power of Teaching Paedology: Through Case Study Method” organized by faculty of Management studies (FMS), SRM IST, Delhi NCR Campus, Ghaziabad from 20th June to 25rd June 2022.
- 05- days FDP on “Artificial Intelligence/Artificial Wisdom - A Drive for Improving Behavioural and Mental Health Care” from 06/09/2021 to 10/09/2021 at Central University of Jammu. (AICTE)
- **05 Days FDP on "Developing Values and Ethics"**, National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 14-06-21 to 18-06-21. (MHRD, UGC, AICTE approved).
- **05 Days FDP on "Research Methodology"**, National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 17-05-2021 to 21-05-2021. (MHRD, UGC, AICTE approved).
- **08-week course on “Psychiatry- an overview and how your brain creates mind”**, IIT Kanpur, (NPTEL), from January-March, 2022.

- **05 Days FDP on "Outcome Based Education"**, National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 15-02-21 to 19-02-21. (MHRD, UGC, AICTE approved).
- Non- credit course on **"Positive psychiatry and mental health"**, from Sydney University, Australia in 2021, (Coursera).
- **05 Days FDP on "Wellness and Stress Management during Pandemic"**, National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 27-04-2020 to 01-05-2020. (MHRD, UGC, AICTE approved).
- Non-credit course on **"Introduction to Cognitive Psychology: An Experimental Science"**, from **University of York, England**, in 2020, (Coursera).
- Non-credit course on **"Managing ADHD, Autism, Learning Disabilities, and Concussion in School"**, from **University of Colorado, USA**, in 2020, (Coursera).

#### LECTURE DELIVERED: -

- Lecture Delivered on **"Education, Health, Nutrition, and Self-Confidence"** and information about government initiatives such as **NEP 2020, Samagra Shiksha, and KIRAN Scheme**, on National Girl Child Day, 24-01-2025, for school students at Composite school, Ghaziabad.
- Lecture Delivered on **"Let's Talk- Break the Stigma"** on World mental Health Day, 10-10-2024 for students of B.Tech. -first Year at SRMIST, Delhi NCR Campus.
- Lecture Delivered on **"Good Touch and bad Touch"**, on National Girl Child Day, 24-01-2024, for school students at Composite school, Abupur, Ghaziabad
- Lecture Delivered as a recourse person in a workshop on **"Criminal Psychology, Clinical Hypnosis, Paranormal Psychology & Counselling and Psychotherapy"**, 05-02-2022, at IIMTU, Meerut.
- Lecture Delivered on **"Stress Management Through Psycho-Yogic Therapy"**, 20-02-2021, at MIET, Meerut.

#### PUBLICATION: -

- Dr Nidhi Pathak et.al (2025). AI-Powered Analysis of Teacher Self-Efficacy and Teaching Quality in Higher Vocational Education. Journal of Informatics Education and Research, ISSN No-1526-1426, Vol 5 Issue 2 (ABDC Indexed)
- Pathak N. et.al. (2024). Impact of Talent Management Practices on Employees Retention: Through the lens of Retail and Financial Institutions. African Journal of Biological Sciences, Volume 6, Issue Si4, 2024. Doi: 10.48047/AFJBS.6. Si4.2024.5784-5798. (Scopus indexed)

- Dr. Nidhi Pathak. (2023). A Co Relational Study on Internet Addiction and Aggression Among Teenagers. Journal of Mental Health, Psychiatric and Psychosocial Nursing, 1(1), 23–26. <https://doi.org/10.5281/zenodo.7694448>
- Nidhi Pathak, An experimental study of high creative and low creative Hindu Boys in different areas of self-disclosure. Educator, Issue-1, 27-33, Year-2023, Annual Journal, ISSN No.2277-9736.
- Book on “Modern Education Systems and Challenges: a psychological Approach, published by Scientific International Publishing House.
- Book Chapter on the topic “The Indian Knowledge System and Yoga” publication in the Edited book entitled, “Indian Knowledge Systems (भारतीय ज्ञान परम्परा)”
- Pathak N. & Singh B. (2021). Stress Management Through Psycho-Yogic Therapy. International Journal of Indian Psychology, 9(4), 1383-1388. DIP:18.01.131.20210904, DOI:10.25215/0904.131 (UGC Care).
- Paper presented at National Paper presented at Two days National conference on “Literature and Society” at IIMT University, Meerut.
- Paper presentation at National conference on “Psychology and its Role in Human and Societal Development” organized by Department of Psychology, Dr. Bhim Rao Ambedkar College (University of Delhi)
- Paper presentation in National Seminar on Indian knowledge System: Interdisciplinary Insights and Contemporary Discourse, from 01-07-2024 to 03-07-2024.
- Paper presented on the topic- Work life balance, in National Seminar on World Mental Health Day on 10-10-2024.

#### **PATENT : -**

- Creative thinking: unlocking your potential for innovation and problem solving, Innovation, Science and Economic Development Canada, Canadian Intellectual Property Office, 30 SEPT / SEP 2024.
- Smart Device for Mentally Alerting Alzheimer's Patients, Government of UK, Design No.- 6291776, Grant date 1 July 2023 Publication date 2 July 2023.
- Implementation of type two fuzzy ontology to improve semantic interoperability for health care and diagnosis of depression, the patent office journal no. 05/2023 dated 19-05-2023, application no 202311026054A.

- Design of a system to study the psychological signals of human and predict the life stress in early using the machine learning pipelines, the patent office journal no. 04/2023 dated 27-01-2023, application no 202311003878A.

#### EXPERIENCE :-

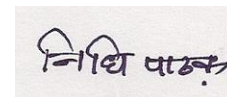
- Assistant Professor (Psychological Counsellor), **SRMIST, Delhi-NCR Campus**, Modi Nagar, Ghaziabad, UP, from 19th, May, 2022.
- Associate Professor, **IIMT University, Meerut**, from 01st September 2021 to 15th, May, 2022.
- Lecturer, **Gautam Buddha University, Greater Noida**, from 23rd September 2020 to 31st August, 2021.
- Counsellor, providing behavioural coaching to “Mentally weak” students and also working as “Psychological Counsellor for Students of Technical Institutions”, since August, 2006.
- Lecturer, **Rama Jain Girls Degree College, Nazibabad, Bijnor, UP**, from July, 2002 to April, 2003.

#### DECLARATION :-

I hereby declare that all statement made in this application are true, complete and correct to best of my knowledge and belief.

Date: 21-01-2025

Place: Meerut



**(Dr. Nidhi Pathak )**

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Meerut (U.P.)

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