

FACULTY PROFILE



Name: Dr. Nidhi Pathak

Designation: Assistant Professor (Psychological Counsellor)

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Professional Qualification:

- **Ph.D.-Psychology**
- Post Graduate Diploma in Psychological Counselling. (With Vice-Chancellor GOLD Medal)
- Bachelor of Laws

Publications (Journals & Conferences):

- Pathak N. & Singh B. (2021). Stress Management Through Psycho-Yogic Therapy. International Journal of Indian Psychology, 9(4), 1383-1388.DIP:18.01.131.20210904, DOI:10.25215/0904.131 (UGC Care)
- Dr. Nidhi Pathak. (2023). A Co Relational Study on Internet Addiction and Aggression Among Teenagers. Journal of Mental Health, Psychiatric and Psychosocial Nursing, 1(1), 23–26. <https://doi.org/10.5281/zenodo.7694448>
- Paper presented at Two days National conference on “Literature and Society” at IIMT University, Meerut.

- Paper presentation at National conference on “Psychology and its Role in Human and Societal Development” organized by Department of Psychology, Dr. Bhim Rao Ambedkar College (University of Delhi)

PATENT :-

- Implementation of type two fuzzy ontology to improve semantic interoperability for health care and diagnosis of depression, the patent office journal no. 04/2023 dated 27-01-2023, application no 202311003878A
- Design of a system to study the psychological signals of human and predict the life stress in early using the machine learning pipelines, the patent office journal no. 04/2023 dated 27-01-2023, application no 202311026054 A

Awards and Achievements

- CCS University **Vice Chancellor Gold Medal, 2020.**

Workshops/Seminars/FDPs

- 5-day Online FDP on the theme “Technology integration and NEP 2020” organized by All India Council for Technical Education (AICTE) from 12th June to 16rd June 2023.
- Attended an International Virtual Panel Discussion on “On-Line Education- Future Perspective” on 21st April, 2023, Organised by Directorate of On-Line Education, SRM IST, Chennai
- 08-week course on “Human Behaviour”, IIT Guwahati (NPTEL), from February-April, 2023.
- 8-Days FDP on “THE ART OF PROFESSIONALISM” organized by the Faculty of Education, Dr. M.G.R. Educational and Research Institute, Maduravoyal, Chennai-95, Tamil Nadu, India. from 10th January to 17th April 2023.
- Participated in Professional Development Workshop as a part of Adobe Academic Essentials Program on 3rd April, 2023.

- 5-Days FDP on “Inculcating Universal Human Values in Technical Education” organized by All India Council for Technical Education (AICTE) from 6th February to 10th February 2023.
- 5-day Online FDP on the theme “Inculcating Universal Human Values in Technical Education” organized by All India Council for Technical Education (AICTE) from 30th January to 3rd February 2023.
- 5-day Online FDP on the theme “developing healthy work culture” organized by All India Council for Technical Education (AICTE) from 13th March to 17th March 2023.
- Non- credit course on “**Major Depression in the Population: A Public Health Approach**”, from Johns Hopkins University on Jan 14, 2023, (Coursera).
- Non- credit course on “**Schizophrenia**”, from Wesleyan University, USA in December, 2022, (Coursera).
- 05-days FDP on “Digital Tools for Teaching and Learning” organized by Media Engineering Department, SRM Institute of Science and Technology, Modinagar, Ghaziabad, from 25/07/2022 to 29/07/2022 (One Week)
- 05-days FDP on “Business and Soft skill Management” organized by Swami Vivekanand Subharti University, Meerut from 19/09/2022 to 23/09/2022 (One Week)
- 06-Days FDP on “Leveraging the Power of Teaching Paedology: Through Case Study Method” organized by faculty of Management studies (FMS), SRM IST, Delhi NCR Campus, Ghaziabad from 20th June to 25th June 2022.
- 05- days FDP on “Artificial Intelligence/Artificial Wisdom - A Drive for Improving Behavioural and Mental Health Care” from 06/09/2021 to 10/09/2021 at Central University of Jammu. (AICTE)
- 05 Days FDP on "**Developing Values and Ethics**", National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 14-06-21 to 18-06-21. (MHRD, UGC, AICTE approved).

- **05 Days FDP on "Research Methodology"**, National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 17-05-2021 to 21-05-2021. (MHRD, UGC, AICTE approved).
- **08-week course on "Psychiatry- an overview and how your brain creates mind"**, IIT Kanpur, (NPTEL), from January-March, 2022.
- **05 Days FDP on "Outcome Based Education"**, National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 15-02-21 to 19-02-21. (MHRD, UGC, AICTE approved).
- Non- credit course on **"Positive psychiatry and mental health"**, from Sydney University, Australia in 2021, (Coursera).
- **05 Days FDP on "Wellness and Stress Management during Pandemic"**, National Institute of Technical Teachers Training and Research (NITTTR), Chandigarh, from 27-04-2020 to 01-05-2020. (MHRD, UGC, AICTE approved).
- Non-credit course on **"Introduction to Cognitive Psychology: An Experimental Science"**, from **University of York, England**, in **2020**, (Coursera).
- Non-credit course on **"Managing ADHD, Autism, Learning Disabilities, and Concussion in School"**, from **University of Colorado, USA**, in **2020**, (Coursera).

Work Experience:

- Assistant Professor, **SRMIST, Delhi-NCR Campus**, Modi Nagar, Ghaziabad, UP, from 19th, May, 2022.
- Associate Professor, **IIMT University, Meerut**, from 01st September 2021 to 15th, May, 2022.
- Lecturer, **Gautam Buddha University, Greater Noida**, from 23rd September 2020 to 31st August, 2021.

- Counsellor, providing behavioural coaching to “Mentally weak” students and also working as “Psychological Counsellor for Students of Technical Institutions”, since August, 2004.
- Lecturer, **Rama Jain Girls Degree College, Nazibabad, Bijnor, UP**, from July, 2002 to April, 2003.

Professional Memberships:

- Life Membership Indian Science Congress. (L40693)
- Member Bar Council of India. (UP 1512/2019)
- Member Bar Council of UP. (UP L 15112/19)
- Member Bar Council of India. (UP 15112/19)
- Invited member of IAAC. (FRT JQC CE001606)
- Life Membership (Editorial Member) of Edwin Group of Journals.
- Life Membership of Bharatiya Counselling Psychology Association. (LM/2017418)
- Life Membership of Counsellors Council of India, 17-03-23.